

Mango and Black Bean Salad

5oz scoop

Nutrition Facts

1 servings per container
Serving size 5oz scoop (140g)



Percent Daily Values	
Total Fat 10g	20%
Natural Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 1mg (0.2%)	0%
Sodium 140mg	28%
Total Crude Fiber 20g	40%
Dietary Fiber 4g	8%
Total Sugars 1g	2%
Includes 0g added sugars	0%
Protein 3g	
Vitamin C 0mg	0%
Calcium 0mg	0%
Iron 1mg	2%

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